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SPA MENU

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[before 11:00am]

Fresh Pressed Juices

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Rhymes with orange:

orange, cantaloupe, mango, carrot, ginger 9

Morning greens:

kale, apple, cucumber, celery, lemon, pear 9

Ruby red:

grapefruit, strawberry, beet, cherry, carrot 9

Everything Else

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daily muffin 4 / fruit salad 5

butter toasted cinnamon bun 6

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[after 11:00am]

Snacks

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Hummus & pita: zesty red lentil hummus 8

Kale salad: toasted walnuts, currants,
fresh ricotta, citrus vinaigrette 11

Wedge salad: cherry tomato, avocado, blue cheese,
bacon, buttermilk ranch 11

Pounded cheese: creamy old cheddar, cider gastrique,
chives, grilled sourdough 12

Canadian cheese: [3 or 5] 23, 34

Dessert

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Chocolate paté:

dark chocolate ganache, caramel crumble 6

Lemon tart:

fresh curd, crispy pastry, meringue 6

Crème brûlée:

sugar crusted vanilla bean custard, biscotti 8